



Proud Member of American Youth Football & Cheer, Inc. "Giving Back"  
Tel: 407-536-1994 Email: CFYFL @Ymail.com Web-site: www.CFYFL.com

Revised as of 5/28/2009

**\*PLEASE CHECK WEBSITE FOR UPDATES AND ADD-ON EVENTS\***

- 12-May Lake Howell HS Football Spring Practice Open to all CFYFL coaches 1-wk 5/12-5/15 @12pm Head Coach Tom Oliver 1 on 1 (10pts)
- 14-May **Working Board meeting 6:30pm @Westerchester Regents Park**
- 16-May CFYFL Registration-Red Bug Lake Park
- 16-May AYF Regional Meeting
- 23-May Hagerty HS Coaches Clinic 8am-12pm
- 23-May University Giants (Eastside players) registration 10am-2pm @Walmart on Colonial
- 23-May **CFYFL Apopka Lions Carwash @ Habitat for Humanity**
- 29-May **Lake Howell High School Football Spring Game**
- JUNE Strength, Agility & Speed Clinic @ Showalter/Ward Park every M,W & F - 6-8pm Contact WPbenglas@aol.com
- 6-Jun Winter Springs Registration 9:30am-2pm @Pinch- A- Penny Tuskawilla Rd & SR 434, Winter Springs
- 6-Jun Orlando Lutheran Academy Coaches Clinic 12pm-2pm (Offense) 550 North Econ Trail \*(FREE)
- 6-Jun East Orlando Registration K-Mart 436 and Curry Ford, Orlando 9:30 to 2:00
- 6-Jun **Physical Day \*Dr. Herba @Winter Springs Towne Ctr = 9am-12pm All (\$10. Cash/Money Order only)**
- 6-Jun Apopka Registration / Fun Fair
- 7-Jun **Physical Day \*MiniER 12301 Lake Underhill Rd & Alayfaya Orlando 5pm-7pm (\$10pp) 407-249-8870**
- 11-Jun **Working Board meeting 6:30pm @Westerchester Regents Park**
- 13-Jun **Physical Day \*Dr. Herba @Winter Springs Towne Ctr = 9am-12pm Last Names "N" thru "Z" (\$10. Cash/Money Order Only)**
- 13-Jun **OLA Crusaders HS Camp \$25 ("O" & "D" Line) 9am-2pm \*see league website for info**
- 13-Jun CPR class @Westchester regents Park 558 N. Semron Blvd Winter Park, FL
- 16-Jun **Coaches Ethics Class-MANDATORY attendance 6:30pm 5Pts VFW 420 N. Edgemon Ave, Winter Springs - (407) 327-3151**
- 18-Jun **\*CFYFL Parent Night 7pm-9pm @University HS (Performing Arts Center) 11501 Eastwood Drive Orlando, FL 32817**
- 20-Jun CFYFL Registration-Red Bug Lake Park, Casselberry @Nodding Pines Way (All Teams All Area's) 10am-2pm
- 20-Jun OLA Crusaders HS Camp \$25 ("QB's" & "Receivers") 9am-2pm \*see league website for info
- 23-Jun Foundation Academy HS Summer Football Camp @ 15304 Tilden Road, Winter Garden, 407-877-2744
- 27-Jun OLA Crusaders HS Camp \$25 ("LB's" & "DB's" Line) 9am-2pm \*see league website for info
- 27-Jun **CFYFL Sign/ups @ TBA 4pm-7pm**
- 5-Jul **CFYFL Sign/ups @ TBA**
- 9-Jul **Area Directors Meeting \*Westchester Regents Park 558 N. Semron Blvd Winter park, FL**
- 11-Jul **CPR Training Course \$25 9am or 2pm First Presbyterian Church 341 N. Orlando Ave. Maitland, FL 32751**
- 11-Jul **Physical Day \*Dr. Herba @Winter Springs Towne Ctr = 9am-12pm Make-Up (\$10. Cash/money order only)**
- 11-Jul **CFYFL Apopka Lions car wash @ Habitat for Humanity**
- 18-Jul **\*Equipment Handout Sat. 9am-6pm @Reform Seminary (RTS) 1231 Reformation Dr Oviedo, FL 32765 off Mitchell Hammock**
- 20-Jul Optional Conditioning camps Held by Local HS coaches and other Paid camps
- 20-Jul Coach Darlington Apopka HS Camp July 20-23 \*6pm-8pm \$25.00
- 20-Jul **Coaches Application and Certification Points due**
- 23-Jul **Head Team Mom meeting \*MANDATORY Location TBA**
- 25-Jul **Coaches Ethics Class-MANDATORY attendance 5-pts VFW 420 N. Edgemon Ave, Winter Springs - (407) 327-3151**
- 25-Jul CFYFL Registration (Call For Details)
- 25-Jul **Head Coaches Meeting-MANDATORY attendance \*LOCATION TBA**
- 27-Jul **First Regular Season Practice ALL TEAMS**
- 1-Aug CPR class @Westchester regents Park 558 N. Semron Blvd Winter Park, FL
- 8-Aug \*Team book check-\***MANDATORY Location TBA**
- 8-Aug Maximize Living/Maximize Kids Free to CFYFL Families @ FaithWorld Forest City Rd Orlando, FL
- 15-Aug Maximize Living/Maximize Kids \*Uniform Handout
- 22-Aug **League Shake Down Scrimmage @UCF Campus**
- 29-Aug **First Regular Season Game**
- 7-Nov Divisional Playoffs
- 11-Nov **Future Bowl Championship**
- 20-Nov **Regional Tournament 11/20 to 11/22**
- 26-Nov **Orlando Holiday Tournament Open to All Teams Thanksgiving Weekend**
- 5-Dec **National Tournament 12/5 to 12/6**